

# Gilbertie's

Est. 1922

## ORGANICS



HERBS

Local • Soil Grown

### THYME FRENCH



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#### USES

- French Thyme is favored over other varieties for cooking
- Pairs well with fish and meat, especially chicken
- Adds flavor to soups and marinades



#### GROWING & PLANTING

- Full sun
- Top inch of soil should be dry before watering
- Fertilize regularly
- Cut sprigs 6 weeks after transplant, leave 2 inches on the stems



#### FOLKLORE & SYMBOLS

- Carried by those who believed it would ward off the plague
- Hoping for courage, soldiers would bathe in thyme water
- Believed to get rid of shyness & nightmares