

# Gilbertie's

Est. 1922

## ORGANICS



HERBS

Local • Soil Grown

# STEVIA



[CLICK HERE FOR RECIPES](#)



## USES

- Substitute for sugar in drinks, preserves, desserts
- Leaves are added to food and drinks in many states: fresh, powdered, dried, or extracted



## GROWING & PLANTING

- Harvest before flowering
- Best grown from cuttings
- Can withstand some shade
- Do not plant outdoors until warmer weather



## FOLKLORE & SYMBOLS

- Native to South America
- First recorded discovery in 1899
- 100 times sweeter than sugar
- Classified as part of the sunflower family